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[ [Sign Out](#) ]



[Account & Settings](#)



[Inbox](#)



Home

People

Jobs & Hiring

Services

Answers

NEW!

My Profile

My Contacts

Inbox

People Search:

Go

[Advanced search](#)

## Account & Settings > Profile Updates

LinkedIn notifies you automatically when your connections' profiles change, keeping you in sync with your network and making your profile a more powerful way for opportunity to find you.

### Sending

When you make significant changes to your profile (such as a new job, a new school, a new service recommendation), LinkedIn can automatically notify your connections of the change.

How should LinkedIn update your connections?

- Update my connections when I make major changes to my profile.
- Don't send automatic updates. I'll write my own message when I update my profile.

### Receiving

When your connections make significant changes to their profiles, LinkedIn will notify you of the change.

How would you like to receive these updates from your connections?

- Send them via email (updates are sent in batches, approximately once a week).
- I'll read them on the LinkedIn web site (don't send them via email).

or [Cancel](#)